



Mark M. Davidson, M.D.
Diplomate, American Board of Gastroenterology & Internal Medicine

General Colonoscopy Procedure Instructions

Thank you for choosing Dr. Davidson as your physician. Please use these general instructions as your guide to prepare for your colonoscopy procedure.

1. You will need to be on a clear liquid diet for the entire day before your scheduled procedure date. Instructions for the clear liquid diet can be found at www.davidsongi.com under patient forms.
2. Starting at 7PM the night before your procedure you will need to begin taking your prescribed bowel prep kit. Please make sure you pick up your prep kit from your pharmacy well in advance. You will take the first dose of your prep kit at 7PM the night before the procedure and the second dose 7 hours before your scheduled procedure start time. Please set your alarm, as this will likely be the middle of the night. Instructions for you bowel prep kit can be found at www.davidsongi.com under patient forms.
3. On the day of your procedure, you cannot have anything by mouth (including water) 4 hours prior to the procedure start time. It is important that you follow this rule so that anesthesia can be administered safely.
4. On the day of your procedure you should go directly to the outpatient surgery center where you are scheduled. If you are not sure which outpatient surgery center you have been scheduled at, please call our office at 310-855-0222. Directions to procedure centers and contact information can be found at www.davidsongi.com under patient forms.
5. Please arrange for someone to pick you up after the procedure. Typically patients are ready to leave two hours after their scheduled procedure start time (three hours after their arrival time).

8631 West 3rd Street #1135E, Los Angeles, CA 90048
Tel (310) 855-0222 Fax (310) 855-9533
www.DavidsonGI.com