



Mark M. Davidson, M.D.
Diplomate, American Board of Gastroenterology & Internal Medicine

General Endoscopy Procedure Instructions

Thank you for choosing Dr. Davidson as your physician. Please use these general instructions as your guide to prepare for your endoscopy procedure.

1. On the day of your procedure, you can have nothing to eat or drink (including water) after midnight. It is especially vital that you follow this rule 4 hours before your scheduled procedure start time so that anesthesia can be administered safely.
2. On the day of your procedure you should go directly to the outpatient surgery center where you are scheduled. If you are not sure which outpatient surgery center you have been scheduled at, please call our office at 310-855-0222. Directions to procedure centers and contact information can be found at www.davidsongi.com under patient forms.
3. Please arrange for someone to pick you up after the procedure. Typically patients are ready to leave two hours after their scheduled procedure start time (three hours after their arrival time).

8631 West 3rd Street #1135E, Los Angeles, CA 90048
Tel (310) 855-0222 Fax (310) 855-9533
www.DavidsonGI.com